

Ultralight Camping Checklist



Shelter & Sleep System

- Ultralight tent or tarp shelter
- Lightweight groundsheet
- Sleeping quilt or ultralight sleeping bag
- Inflatable or closed-cell sleeping pad
- Tent stakes & guylines
- Compact pillow (or stuff sack with clothes)

- Mini sunscreen stick
- Bug net (head or bivvy style)

Clothing (Layered)

- Moisture-wicking base layer (top & bottom)
- Insulated jacket (down or synthetic)
- Light rain jacket
- Quick-dry shorts or pants
- Wool or synthetic socks (2 pairs)
- Sun hat or cap
- Buff or neck gaiter
- Lightweight gloves (if needed)
- Ultralight camp shoes (optional)

Cooking & Hydration

- Alcohol stove or canister stove
- Titanium pot or cup
- Spoon or spork
- Lighter + waterproof matches
- Collapsible water bottles or bladders
- Water filter or purification drops
- Minimal food (dehydrated meals, bars)
- Small food bag + odor-proof liner
- Bear bag/canister (if required)

Essentials

- Backpack (frameless or with removable frame)
- Map + compass or GPS
- Headlamp (USB rechargeable)
- Phone + power bank
- Multi-tool or knife
- First aid kit
- Toothbrush + toothpaste tab or paste
- Tiny bottle of biodegradable soap
- Quick-dry towel or cloth
- Toilet kit (trowel, TP, zip bag)

Optional but Useful

- Trekking poles
- Sunglasses
- Notebook + pencil
- Tiny repair kit (tape, needle & thread)
- Stuff sacks or compression bags
- Ear plugs