

Winter Camping Checklist



Shelter & Sleep System

- 4-season tent with snow flaps
- Snow stakes or deadman anchors
- Insulated sleeping pad (R-value 5+)
- Secondary foam pad for insulation
- Cold-rated sleeping bag (-10°C or lower)
- Sleeping bag liner
- Tent footprint or groundsheet
- Compact pillow or stuff sack with clothes

Clothing (Layered System)

- Moisture-wicking thermal base layer (top & bottom)
- Insulated mid layer (fleece or down)
- Windproof & waterproof outer shell (jacket & pants)
- Insulated down or synthetic parka
- Wool or synthetic socks (3+ pairs)
- Gaiters
- Waterproof boots (winter rated)
- Warm hat or beanie
- Balaclava or neck gaiter
- Glove liners + insulated waterproof gloves
- Sleepwear dedicated for tent use

Cooking & Hydration

- Cold-weather stove (liquid fuel recommended)
- Fuel bottle(s)
- Lighter & waterproof matches
- Insulated mug
- Metal pot for melting snow
- Utensil or spork
- Water bottles (wide mouth to prevent freezing)
- Water bottle insulators or socks
- High-calorie meals & snacks
- Thermos for hot drinks

Essential Gear

- Winter-rated backpack or sled (pulka)
- Headlamp with spare batteries
- Multi-tool or knife
- First aid kit
- Sunscreen & lip balm (SPF 30+)
- Snow shovel
- Map + compass or GPS
- Repair kit (duct tape, zip ties, cord)
- Trekking poles with snow baskets
- Whistle

Safety & Extras

- Emergency bivy or survival blanket

- Hand and toe warmers
- Goggles or sunglasses (UV protection)
- Avalanche beacon, probe & shovel (if in avalanche terrain)
- Portable seat pad or foam pad
- Toilet kit (TP, trowel, zip bag)
- Biodegradable soap
- Trash bag